

KINDERGYM INFORMATION

2026



Important information

Your point of contact for Kindergym related questions is the **Kindergym Program Manager, Jo**.
Email: jo@btycgymnastics.org.au

BTYC's Kindergym program incorporates learning through play and through movement based activities. Children will explore and learn in an exciting environment, developing fine and gross motor skills, spatial awareness, balance, co-ordination and social skills. Gymnasts will participate in activities on Vault, Bars, Beam, Floor, Rings, Pbars and Trampoline.

Classes are suitable for children aged between 18 months and 5 years old. They are age appropriate and are detailed as follows:

Possum: 1 ½ – 3 ½ years old

Koala: 3 and 4 year olds attending 3 year old kindergarten

Kangaroo: 4 and 5 year olds attending 4 year old kindergarten

Possum and Koala classes are 100% parent assisted, Gymnasts must have a parent or guardian on the floor with them at all times.

Kangaroo gymnasts must have a parent or guardian on the floor for the first 10 minutes of class.

Class Structure

Each BTYC Kindergym class runs for 1 hour and is made up of 6 parts. Here is an overview of how our classes run

Free play

Group warm
up game

Aparatus 1

Aparatus 2

Aparatus 3

Stickers and
Stamps

Tuition and Payment

Autopay

For payments of fees, BTYC has the option of direct debit from a bank account or a credit card. This is BTYC's preferred method of payment. We use the services of Integrapay along with our current banking institution Westpac and payment gateway provider PayWay so you can be assured of security of your payment details in line with legislation.

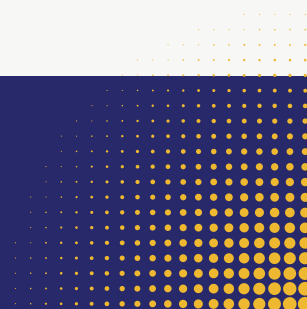
On the 15th of every month, the monthly class charge will be added to your iClass account and on the 1st of the following month through our Autopay system; we will withdraw funds from your nominated bank account or charge your credit card for the total amount outstanding on your statement. For this Autopayment to occur, we require you to input and save your nominated payment details into your account on the iClass Customer Portal or contact the office for assistance on 9841 4773.

Withdrawal From the Program

Any gymnast who chooses to withdraw from the Kindergym program is required to give two weeks written or verbal notice.

School and Public Holidays

BTYC Gymnastics does not operate during public holidays. You will not be charged for classes that fall on these days.



Absences

If you know you are going to be absent, we appreciate being informed so we can plan for the class appropriately. To notify of an absence please email the admin team, admin@btycgymnastics.org.au or call the office on 9841 4773

Make up Classes:

If for some reason your child is unable to attend to their Kindergym class then you are able to book in a make up class on a different day. There is no maximum number of makeup classes for Kindergym athletes but availability of the makeup classes is dependant spaces available in the desired class.

Uniform

- BTYC have a free T-shirt that your child will receive as part of their enrolment into any recreational class. This is not a compulsory uniform, but we encourage the children to wear it to class!
- No shoes or socks are worn during training
- Hair must be tied up
- No Jewellery or watches to be wore while training



Communication

A vital key to the success of any program at our Club is 'parents'. From the commencement of the term, we endeavour to establish effective methods of communication between the Club, Coaches and parents. This helps to ensure a clear understanding of Club program expectations, protocols and policies.

BTYC has a policy to deal with the handling of complaints. In the event that you wish to make a complaint, please speak directly with Ebony as the Program Manager or scan the QR code around the gym to submit a complaint. Options for further escalation can be outlined at this point, if needed to the General Manager.

If the matter relates to Child Safety, please contact the office on 9841 4773 to be directed to our Child Safety Champions. For Member Protection Information please contact Paula Hay, who can be contacted at paula@btycgymnastics.org.au

Social Media

BTYC Gymnastics understands that many gymnasts may have access to social media/social networking platforms. When used in the correct manner these platforms can facilitate connections between gymnasts when outside of the gym. This can be beneficial to the growth of friendships and the social connection of a group.

BTYC Gymnastics has a zero tolerance for bullying within our facility and our expectation is that this policy continues from inside the gym to the online platform. Any allegations of online bullying between BTYC gymnasts will be taken seriously and all involved parties will be contacted by BTYC staff so that a resolution may be reached. Any cyber bullying from one BTYC gymnast to another may result in disciplinary action. In extreme cases they may include suspended or expelled from the club.

Medical Conditions

BTYC Gymnastics is an inclusive Club. We also have a comprehensive asthma policy and anaphylaxis policy to ensure that all participants are catered for.

It is essential that families advise the Club of any medical conditions prior to commencing training.

Any athlete who requires medical attention for an injury obtained within or outside of the Club, is required to supply a medical certificate and documentation from their medical practitioner regarding activities that can and cannot be completed by the athlete. BTYC are accommodating of athletes who are carrying injuries, and are happy to modify programs within guidelines by a medical practitioner.



Expectations for gymnasts

Gymnasts Code Of Conduct

ALL gymnasts training at BTYC Gymnastics are required to abide by the following Code of Conduct:

- Come to training appropriately attired, (See BTYC uniform policies). Long hair must be tied back. No hair pins or clips. No jewellery, watches or items in pockets
- Bring your own drink bottle. Do not consume drinks other than water on the floor area
- Listen and fulfill your Coach's instructions to the best of your ability
- Do not argue with an Official or Coach. If you need clarification, approach your Coach or have your parent approach the Official / Coach after the competition / training session and ask for clarification
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Do not use bad language (swearing) under any circumstances
- Stay with your Coach and squad at all times and seek permission from your Coach to leave the group, e.g. to go to the toilet
- Be safety conscious and look where you are going. No running. Look before walking in front of other equipment, e.g. vault
- Disclose any specific medical conditions, injuries or illnesses your child may have using the child's medical section in the customer portal and if it is a new injury, discussing with the coach before the start of a training session
- Do not enter the gym area or go on equipment under any circumstances unless supervised by your Coach in a class
- Follow BTYC uniform policy for official events.

Discipline

BTYC Gymnastics has a specific policy which outlines the process in the event that an athlete breaches the Gymnast Code of Conduct. Consequences depend on the severity of the breach and will include, but are not limited to, the following:

- issuing a warning, requiring verbal or written apology;
- a letter of reprimand from BTYC Gymnastics Club Inc.;
- counseling from the Program Manager or General Manager; and / or
- removal / suspension from the Club.



Expectations for Parents

Parent Code Of Conduct

ALL parents/guardians who have gymnasts training at BTYC Gymnastics are required to abide by the following Code of Conduct:

- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance, rather than medals and scores.
- Encourage children to always play according to the rules.
- Remember that children learn best by example - appreciate good performances of other athletes.
- Respect Officials' decision and teach children to do likewise.
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.
- Do not make comments about, or verbally abuse other children or BTYC staff. It is the sole responsibility of the Coach to direct children during training, with the exception of Kindergym parent assisted classes.
- Ensure as a parent / guardian you make your child aware of the Gymnast Code of Conduct and abide by this Code.
- Athletes and parents / guardians must wait upstairs before and after classes. No child is to wait for parents in foyer or outside the gym.
- Ensure that siblings of participating members (especially during Kindergym classes) do not play in the gym area even if they are supervised by an adult. They are not covered by insurance if they are not registered members being supervised by a Coach.
- For queries and concerns contact your child's relevant program manager via their BTYC email. Contact through staff's private social media, or personal mobile numbers, is strictly forbidden.
- Abide by the Gym Rules and policies at all times.
- Abide by the Manningsham DISC rules and regulations, including appropriate use of the car park (i.e. no double parking near entrance, no parking in turning circle)

General Information

POLICIES & PROCEDURES

BTYC Gymnastics has a number of Club Rules, Policies and Procedures that relate to general operations. This information, along with other valuable information, can be viewed at the BTYC website.

CHILD SAFETY

BTYC Gymnastics is committed to the safety, wellbeing and empowerment of all children and young people accessing our programs and services, including indigenous children, those from culturally and linguistically diverse backgrounds and children and adults with disability. The following policies and reporting are available on our website.

- Child Safety and child friendly policy
- Child Protection statement
- Child safety requirement policy
- Report a child safe concern

All of our coaches are qualified by Gymnastics Australia and have a valid WWCC.

Don't forget to follow and like us on Facebook and Instagram



Facebook

