



GYMNASTICS NOW@BTYC

ISSUE 2 • JULY 2025

To our wonderful BTYC gymnastics community.

At the time of writing, we have a large number of very excited senior athletes, their families, and a team of our wonderful coaches selected to the State Teams heading to the Gold Coast for the Australian Gymnastics Championships. After a year of commitment to training hard and developing their skills, we wish them all the best for a successful competition as they proudly represent Victoria.

This is an exciting highlight in a period of change for our club.

Thanks to the professionalism and dedication of our leadership team you may not be aware that our acting General Manager Susie Guttman finished with us in May, after 12 years at the club, and we thank her for all her hard work and always friendly face welcoming our families.

After a thorough recruitment process attracting significant interest, we are pleased to announce that we have appointed Paula Hay as our new General Manager. Paula brings over 30 years of extensive experience in financial management, corporate services, and strategic leadership within not-for-profit and sporting organisations. The committee are confident that her expertise and leadership will be invaluable as we continue to grow and strengthen our club.

Paula will officially begin her role on 21st July 2025, and we trust you will join us in warmly welcoming her to the team as she takes on this important role.

Jes Larsen, our GM from 2021, had continued as part-time Business Manager, supporting Susie since early 2024, and will now also finish up at the beginning of August, after assisting in the handover to Paula, and we thank her also for her commitment to the club over a number of years.

A special thanks also goes to our families, for your continued support of our coaches and team leaders. We would like to acknowledge the fantastic job they have all done keeping the gym running smoothly in the absence of a GM, and also to Anna, our accounts manager, and our wonderful volunteer committee, who have taken on additional tasks to ensure a successful changeover.

We are looking forward to what the rest of the year brings: for our athletes, learning new skills, building friendships, and competing with enthusiasm; and for our coaches, a new time of team building and growth, with a fresh leadership.

We thank you all for your ongoing support, and dedication to our club.

Narelle Edgar
BTYC Gymnastics President

TERM 2 2025

HOLIDAY PROGRAM

3.5 hours of fun for primary school aged kids. Bring drink bottle, and nut free snacks.

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ALL SESSIONS RUNNING FROM 9AM-12.30PM

- MONDAY 7TH JULY
- TUESDAY 8TH JULY
- WEDNESDAY 9TH JULY
- MONDAY 14TH JULY
- TUESDAY 15TH JULY
- WEDNESDAY 16TH JULY



Cancellation Policy:

If cancelling

- 24 hours or more, prior to the session a refund or transfer can be requested.
- Cancelling within 24 hours notice, a 50% refund can be requested or 100% with a medical certificate covering the date missed.

ALL ABILITIES

All abilities has been running great this year!

We have had a coach change on a Wednesday, as we say goodbye to Sophia, I am pleased to welcome Coach Kate back into the program taking over on the Wednesday class.

The main thing we have had in the program this year has been our All Abilities Cosmos getting the chance to compete at our BTYC hosted in house Competition.

A big congratulations to Rhys, Daisy, and Emily H for competing in this competition and doing such an amazing job. They have been working very hard at learning their routines the past couple of months and it has definitely paid off!

Bring on the second half of the year!



Ebony Mactier
All Abilities Program Manager

MENS ARTISTIC GYMNASTICS



As Term 2 wraps up, we're celebrating another incredible chapter for the Men's Artistic Gymnastics (MAG) program at BTYC. From standout performances at the Victorian Championships to exciting state team selections, our gymnasts and coaches have truly made this term one to remember.

Victorian Championships Recap

Our MAG athletes brought their best to the floor at the 2025 Victorian Championships, achieving outstanding team results across several levels:

- 🥇 Level 5 Under Team – 1st Place
- 🥇 Level 5 Open Team – 1st Place
- 🥇 Level 9, 10 & Senior Combined Team – 1st Place

These results are a reflection of the hard work, commitment, and teamwork shown by all our athletes and coaches. Congratulations to everyone who competed and supported the program through a very successful championship campaign.

BTYC Athletes Named to the Victorian State Team

We are proud to announce the BTYC MAG athletes who have been selected to represent Victoria at the 2025 Australian Gymnastics Championships:

- Donovan Sourivong (L7U)
- Lukas McNaughton (L7O)
- Sebastian Patino Portela (L7U)
- William Ashcroft (L9U)
- Elvin Pan (L9U)
- Massimo Spina (L9O)
- Torin Whitehead (L9O)
- Tom Grant (L10)
- George Ainley (L10)
- Carlos Lai (Senior International)

Congratulations to each of these athletes on this well-deserved achievement. We are excited to support you as you represent both BTYC and Victoria on the national stage.





Stay Connected

For updates, competition photos, and athlete highlights, make sure to follow us on Instagram:

+📱 [@btyc_mag](https://www.instagram.com/btyc_mag)

As we head into Term 3 we look forward to the Junior Season kicking off and we thank all athletes, coaches, and families for their continued support. Let's keep the momentum going and finish the year strong.

Lachlan Graham
MAG Head Coach

WOMENS ARTISTIC GYMNASTICS



Term 2 has flown by in the WAG program. We introduced the WAG Whiteboard and it has been so fun to share birthdays, motivational quotes, weekly skill focus, gymnast of the month nominations and 'shout-outs'. We encourage all our WAG gymnasts to try to get their name on the board either for a shout-out or for hitting the minute handstand goal. If parents would like to follow WAG achievements, including the weekly whiteboard, make sure you join our Instagram page: [btyc_wag](https://www.instagram.com/btyc_wag)

Our Level 8-10+ Senior athletes have had a term full of competitions. Trial 1 & 2 saw our Level 9's and Level 10's dominate and we were so excited at the major upgrades put forward by our level 8's including giant, flyaway on bars and somersaulting vaults. The Senior Victorian Championships were held in late May at the State Hockey and Netball Centre. It was brilliant for the girls to be out on the competition floor at the same time as the MAG boys just next door, we could also support the Tramp & Tumblers. Some outstanding results were achieved at Vics, here are some podium highlights:

LEVEL 9

🏆 Kaylie - 2nd AA, 1st Beam

LEVEL 10 Team – Victorian Champions!

🏆 Tahli – Victorian Champion Bars, 2nd Beam, 3rd AA

🏆 Annabella – Victorian Champion AA, Victorian Champion Beam & Floor, 3rd Bars

FUTURE INTERNATIONAL

🏆 Nikki - 2nd Beam



Congratulations to the 5 girls who have been selected to represent Victoria at Australian Championships 2nd-11th July on the Gold Coast. Representing your state is a huge achievement and we wish the following girls the best of luck: Leah – Level 8, Eleanor, Sara, Tahli and Annabella.

While the Seniors have been busy with competitions, our Junior & Intermediate gymnasts have been hard at work developing new skills and putting routines together this term. The practice competition on June 15th was a great success and it showed how prepared the girls are already. Over the next few weeks, the girls will be putting finishing touches on routines ready to launch into a term of competitions.



I would like to remind families that each gymnast will have a different journey and there will be ups and down, failures and successes. All of these will enrich your daughter's competition experience and develop her further as an athlete and a person.

Congratulations to our Gymnasts of The Month in Term 2:

- 🌟 April – Indi (Senior Squad)
- 🌟 May - Vicky (Intermediate A)

Lastly, for those that don't know, I am taking extended leave overseas for the remainder of 2025. I am leaving the program in very capable hands with Ross, Jo & Hannah T handling things between them. My email address will re-direct to Ross, who will distribute to best people to answer so they may be a slight delay in response. As always account enquiries go to Ross or Anna, all things WAG Intermediate and WAG Junior to Jo and Development Squads to Hannah T. The upcoming July WAG Clinic will be managed by Hannah T.

I will come back refreshed, hopefully fluent in French and ready to go in late January 2026. I can't wait to see all the progress that will be made.



Sally Young
WAG Head Coach

GYMSTAR

Term 2 consisted of a staggering 11 weeks, with all our wonderful Gymstar gymnasts working exceptionally hard throughout the whole term! To catch some of the behind the scenes action, BTYC Instagram page has been buzzing with videos from all groups and levels.



Here is a recap of our Term 2:

- We completed our skills testing for term 2! You can view this on your customer portal under My account -> Students -> Evaluations
- Our winning House Team for Term 2 is... LIMES! Keep an eye out on your emails for more info on your special reward free play session
- Gymnasts started learning all their routines for competitions – this has been the most exciting part of the term. Each class has been working super hard to perfect their foundations for their routines throughout this term, and seeing them all come together has been super rewarding to watch

Practice Comp

- Sunday the 29th of June, we held our annual Gymstar practice comp featuring ALL levels, Shooting Stars through to Level 9!
- Huge shout out to the Cosmos who debuted this year; Rhys, Emily and Daisy, keeping the energy high and completing some amazing routines, we are all very proud of you!
- Also, a special mention to our Gymstar Shooting Stars. It was their first ever competition and they did an exceptional job from memory and effort to encouragement and comp etiquette.

All our coaches are beyond proud of all their gymnasts' efforts and amazing display of the BTYC values throughout both sessions! We wish everyone the best and can't wait to see what the rest of comp season has to offer.

Next term, here are a few things to look forward to:

- 🏆 Competition season is here! We have multiple comps coming up for all our levels.
- 👧 Term 3 will also bring our next round of reports for families

Bridget O'Donnell
Gymstar Program Manager

JUNIOR COACH PROGRAM



BTYC'S Junior Coach Program have been working super hard this term – they have begun running their own activities with the supervision of their mentor coaches – our Rec kids are loving having them in their classes and we have been super impressed with their dedication, planning and enthusiasm when coaching their classes.

Maybe you have seen them in their amazing new BTYC JCP T-Shirts!

This term, we had 2 different meetings which focussed on some fundamental ways of teaching gymnastics as well as planning their own lessons. We can't wait to see them continue to develop their coaching styles and knowledge in term 3!



SQUAD JCP PROGRAM

Our Squad JCP coaches have gone above and beyond this term, and really stepped up within their roles shadowing and assisting on their competitive classes.

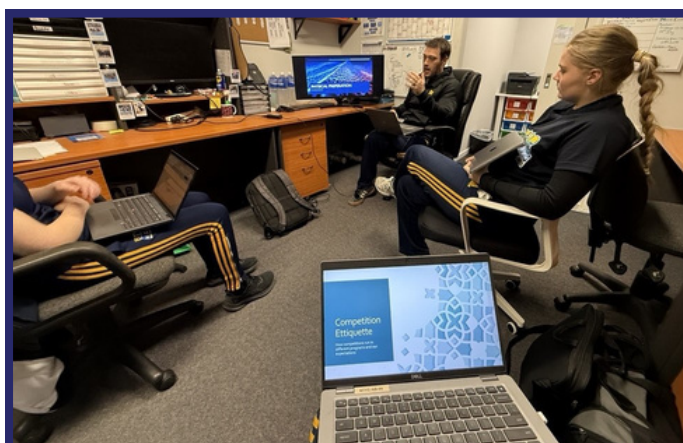
- 👉 Madi is on with our Gymstar 4 Halos and Coach Jazz
- 👉 Bella is on our Gymstar 3s with Coach Jo
- 👉 Will is on with our MAG Juniors with Coach Carlos
- 👉 Ash is on our WAG Juniors with Coach Bridget and Jiwon

This term we have had a strong focus on the practical side of coaching, looking into their spotting practices, warm ups and conditioning they can use across different programs and levels.

Next term, they will be completing their Mod 1 accreditation to continue along their Advanced Coaching Pathway.



Bridget O'Donnell
Junior Coach/ Squad JCP Program Manager



RECREATION

We have finally made it halfway through the year! Time has flown.

We have had so many fun things this year with the new levels coming in to help the gymnasts progress, and of course our Rec challenge day.

The Rec Challenge Day this year was such great fun with everyone receiving an award or medal. A reminder that make up classes are now up on the BTYC website to book into.



What's to come for Term 3:

In term 3 we can start looking forward to our 10 Activity Friendly competition that will be happening in week 8. We will start adding in skills from week 1 then learning full routines for this by week 3/4 until the event.



Ebony Mactier
Recreational Program Manager

KINDERGYM



Once again our smallest gymnasts have been working hard to master the basics of gymnastics. This term we have been focussing on support shapes; bear, crab, front support, back support and Support hold.



I hope you all have a wonderful relaxing holidays and Kindergym classes will return from Monday the 21st of July, starting with Farm theme.



Finally just some quick reminders to help keep everyone safe and make sure our classes run as smoothly as possible:

- Gymnasts must wear the correct gymnastics attire which includes the Kindergym T-shirt, leggings/tracksuit pants/shorts or leotards. No skirts or dresses are to be worn and please ensure hair is tied up off the face.
- All parents MUST supervise their gymnast in the free play period at the start of class. This includes children in the KG4 Kangaroo classes.
- All gymnasts and families must wait upstairs at the start of their class until they are called down by their coach. This is also during class.
- KG4 Kangaroo families need to go upstairs after the parent assisted free play. No phones/food/coffee are to be taken on the floor.

Johanna Godfrey
Kindergym Program Manager



SCHOOLS

The BTYC Schools program was action-packed during Term 2.

We enjoyed welcoming Donvale Primary and Ringwood Heights Primary Schools back into our gym for 5- and 3-week programs respectively. All the school students brought a positive attitude to our gym space - they all hit the ground running and gave gymnastics a really good go by trying lots of new skills and refining old ones. We are looking forward to having them in our gym again soon.

We also had the pleasure of running a 4 week At-School program at St. Annes Catholic Primary School down the road in Park Orchards. The prep children there had their first taste of gymnastics and did extremely well, learning many new skills and having lots of fun in the process.



SCHOOLS GYMNASTICS

**Come to BTYC, or have us
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GYMNASTICS

Pierce Allan
Schools Program Manager

AEROBICS

Hi Families!

We had a fantastic Term 2, with the commencement of our Junior season, and conclusion of our senior season. For our Level 7 athlete, Lauren, she competed at the Senior Victorian Championships, placing 12th, and the Aerodynamix Invitational, placing 3rd, with a 3-point score difference! Congratulations Lauren!

In our Junior levels, we had our Feedback competition, and our first invitational competition at Melbourne Gym Sports. Check out our awesome results!

Level 2

- 2nd Place Serena, Eva, and Anora

Level 3 Individuals

- 6th Tara
- 5th Vivian
- 4th Abigail
- 3rd Angelina
- 3rd Claire

Level 3 Multiples

- 5th Narin and Smeira
- 3rd Vivian and Tvisha
- 2nd Kaylee and Tara
- 2nd Angelina and Abigail
- 1st Claire and Zoe



Level 4 Individuals

- 6th Olivia
- 1st Cherelle

Level 4 Multiples

- 2nd Amaira and Jade
- 1st Cherelle and Wendy

Level 5 Individual

- 3rd Myrah

Level 6 Individual

- 3rd Janae



AEROBICS



We now enter into Term 3, where 8 of our athletes begin to prepare for the National Clubs Carnival, to be held in the Gold Coast in September. This is the biggest cohort BTYC Aerobics has ever taken to the National Clubs Carnival, and we are so excited to have all these girls compete!

We would also like to congratulate and send our best wishes to coach Sofia, and Coach Amy, who were both selected for the Victorian State Team to compete at the Australian Gymnastics Championships this July. Sofia will be competing in Level 8, and Amy will be competing in Level 10, and we wish them the best of luck!

Interested in Aerobics? We have a recreational Aerobics class which runs on a Friday from 4-5pm, coached by ex-athlete, Farah! This class involves dance, strength, acro, and fun engaging games. Want to know more? Send Amy an email to find out more!

TRAMPOLINE AND TUMBLING

BTYC Gymnastics is proud to announce that 18 of our competitive Trampoline and Tumbling athletes have been selected to represent Victoria at the upcoming National Gymnastics Championships next week.

This is a huge achievement for our gymnasts and a reflection of their hard work, commitment, and the strength of BTYC's T&T program. From individual trampoline to double mini and tumbling, our athletes have trained tirelessly to reach this level—and we're so excited to see them compete on the national stage. Good luck athletes!

Alongside this, we've seen some incredible progress and exciting new skills being landed in both our trampoline and tumbling squads. From double somersaults and twisting passes on the trampoline, to powerful round-off flic tucks from our youngest tumblers, our squads are buzzing with momentum and determination.



TRAMPOLINE AND TUMBLING

In a recent highlight, three of our high-performance tumbling athletes travelled to compete at the NSW State Championships—an incredible development opportunity and a great way to build competition experience. We're extremely proud of these athletes, particularly our senior athlete Edith, who placed 2nd with brand new routines, and Chloe, who also secured 2nd place debuting new routines herself. A huge achievement—well done girls!

We're also proud to share that two of our outstanding coaches, Jeremy and Pierce, have been selected as part of the Victorian State Team coaching staff—an exciting opportunity and a well-deserved recognition of their leadership and expertise. Even more impressively, Pierce will be pulling double duty, also representing Victoria as an athlete in Level 7 Individual Trampoline.

And finally, a special congratulations to our Head Coach, Jordan, who has been appointed as the Victorian State Team Head Coach for Trampoline Gymnastics in 2024. An incredible milestone and testament to the leadership driving the BTYC T&T program forward!



Rec T&T

It's been an exciting term for our Recreational Trampoline and Tumbling program, with dozens of young athletes learning their first flips, saults, and twists—and building strong foundations, leading to even more amazing skills in future. We look forward to seeing our gymnasts back in Term 3. Happy holidays!

Jordan Mitilineos-Janicke
Trampoline & Tumbling Head Coach

ADULT GYMNASTICS



As Term 2 wraps up, we want to give a shoutout to everyone who's been part of the Adult Gym community this term. Whether you've been coming regularly, dropping in for a few sessions, or trialling for the first time — we've loved having you in the gym!

A special mention goes to two long-time Adult Gym legends, Emily and Jack, who are both jetting off to different corners of the Globe. They've been such consistent and positive parts of the program for years, and we'll definitely miss seeing them around. We wish them all the best on their travels, and we're already looking forward to hearing about their adventures when they're back.

It's been exciting to welcome so many new faces this term through free trials and word-of-mouth. It's always awesome seeing members bringing their friends along — and even better seeing how quickly those new people feel at home. The friendly and welcoming vibe of Adult Gym is a big part of what makes this program special, and that's 100% thanks to all of you.

And of course, Bread Night continues to thrive as the unofficial post-training hangout. Big shoutout to Jade, who has taken things to the next level with some top-tier bread art — first a Bread Dragon, then the iconic Buff Bread Bear. What's next? Who knows... but we're here for it.

👉 Adult Gym will still be running during the Term 2 holidays, so if you're around and keen to train, we'd love to see you there!

Thanks to everyone for making Term 2 so fun — we're looking forward to another great term ahead!

Chris Ciemcioch
Adult Program Manager

2025 Term Dates

Term 1	Tuesday 28th January	Sunday 6th April
	Mon 27th Jan Australia Day, Mon 10th March Labour Day, Fri 18th April Good Friday, Sat 19th, Sun 20th, Mon 21st April Easter holidays	
Term 2	Tuesday 22nd April	Sunday 6th July
	Friday 25th April ANZAC Day, King's Birthday Mon 9th June	
Term 3	Monday 21st July	Sunday 21st September
	Friday before AFL grand final TBC	
Term 4	Monday 6th October	Saturday 13th December
	Mon 3rd and Tues 4th Nov Melbourne Cup Day, DISPLAY DAY Sunday 14th Dec, Thurs 25th Dec Xmas day, Frid 26th Dec Boxing day	

****PUBLIC HOLIDAYS IN PINK- NO CLASSES & NO CHARGES ON THESE DAYS**

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page. They can be brought to the
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ensure correct fitting.



BTYC
GYMNASTICS

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\$66

Singlet
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- Sign into your account or for new members create an account
- Click 'Booking' (left upper corner)
- Click 'Find a class'
- Select the program and class recommended by your Program Manager
- Select student
- Follow steps to make payment
- If a credit is on your account. This can be viewed and applied on the payment page

For further information:

Phone: 9841 4773

Email: admin@btycgymnastics.org.au

Website: www.btycgymnastics.org.au

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