

GYMNASTICS NOW@BTYC

ISSUE 1 • APRIL 2024

At BTYC Gymnastics, we take immense pride in fostering a community where gymnasts and their families come together in an atmosphere of inclusivity and support. Our club serves as a nurturing environment where gymnasts of all ages develop not only their physical abilities in areas such as balance, agility, and strength but also their social skills, including patience, resilience and the ability to accept and apply feedback. As we embark on the journey of 2024, our commitment remains unwavering in ensuring that our gym is an environment where every member, from gymnasts to families and our dedicated staff, feels valued and welcomed.

We offer gymnastics to all, from our littlest 2-year-olds, All Ability classes, recreation, and competitive through to adult classes, encouraging children and adults to be active while having fun! Currently, we have over 1100 members enjoying all gymnastics has to offer.

Term 1 welcomed many new families to the gym, and I hope they have enjoyed their time at BTYC so far. It marked the beginning of the competition season for our WAG, MAG, Tramp and Tumbling athletes. We also hosted many successful competitions and events. I would like to congratulate all our gymnasts on their achievements in Term 1 and thank our staff for their hard work and dedication in preparing and nurturing our gymnast's talent and potential.

At BTYC, we understand the importance of upholding high standards of conduct, which is why we regularly review and update our policies to ensure that they align with the expectations of our community. We have recently revised the Parent Code of Conduct, focusing particularly on our viewing policy and the expectations placed on parents and guardians while observing their gymnasts in the gym. I urge all parents to familiarise themselves with these updates, which have been outlined in the back pages of this newsletter.

SAVE THE DATE:

BTYC's annual general meeting will be held Thursday 23rd May at BTYC, multipurpose room. Please join us in reviewing 2023, ask questions about the direction and governance of the club, as well as an opportunity to join the committee of management.

Congratulations all on a fantastic Term 1 and look forward to seeing you back in the gym for Term 2.

Susie Guttmann Acting General Manager

Training items for sale



Singlet \$55



Sizes range from size 4 to Adult

Girls Leotard \$66

PURCHASE THROUGH THE CUSTOMER PORTAL OR FRONT OFFICE



ALL ABILITIES



What an exciting year it has been already!

I would first like to start by giving a big congratulations to Sofia Lopez for being a finalist for *Inclusive Leader of the year* for 2023 at our Gymnastics Victoria awards.

I would also like to congratulate Daisy Vernon for being a *Gymnast with Disability Athlete of the* year finalist for 2023 at our Gymnastics Victoria awards as well!

This was an amazing achievement that the whole of BTYC is very proud of.



Coming into this year we have had a great success with our newly introduced levels to help support each child's needs.

The levels include:

Level 1: Tailored for those requiring low support.

Level 2: Designed for athletes with moderate support needs.

Level 3: Providing high support for those who require additional assistance.

We have also had a great response with the athlete information sheets. These really help our coaches cater for each child so please make sure to keep sending them through if you haven't already.

We still have lots of spaces to fill in our classes! If you know someone who would be interested in this program please tell them to reach out or to book through our online website.

As the new program manager this year I am loving the role and have had such a great time getting to know you all already and am looking forward to what the rest of the year will bring.

Ebony Mactier All Abilities Program Manager



2024 got off to a very exciting start for some of our competitive MAG and WAG gymnasts as they took part in the inaugural BTYC Summer Camp in Adelaide! In the last week of January, nearly 50 BTYC gymnasts attended the summer camp from MAG, WAG and Tumble, driving all the way to Adelaide, with training at Gymnastics South Australia split over 3 (rather warm) days.

Those who came along had a great time and it gave the gymnasts a really great opportunity to work with other squads in a totally new gym to their normal day-to-day training. It also gave all the coaches a great opportunity to come together and plan in depth the whole year and share inspiration on coaching techniques, styles and areas of expertise. The trip was thoroughly enjoyed by everyone who took part and we can't wait for next year's trip!







As we returned from camp and began Term 1 there was a sense of excitement in the air at BTYC. Everyone was in high spirits with the buzz from camp still alive and the prospect of exciting competition seasons and training coming up! As we came into Term 1, we had fantastic news that 3 of our coaches had not only passed, but scored incredibly well in one of the top coaching awards available in gymnastics. Over the last few months of 2023 and into the new year, coaches Declan, Gordon and Cassie all spent many hours studying and practicing their FIG 2 content, followed by a week at the Australian Institute of Sport in Canberra which took place in January.

FIG 2 is an internationally recognised coaching qualification in gymnastics which allows coaches to really delve into the understanding and coaching of high-performance gymnastics and all 3 of our coaches passed with flying colours. Congratulations Delcan, Gordon and Cassie!

February rolled around and suddenly we were into the senior competition season. As I write this, our MAG gymnasts have just completed Trial 1 and are in the process of trialing for the State Team, with the aim of competing at the Australian National Championships.

WAG had their first trial on the weekend of March 9-11th with the same intention. All gymnasts have been performing incredibly well so far in the season and it is great to see some senior gymnasts back in action competing even after taking some time off training! Good luck to everyone taking part in the remainder of the senior season!









Towards the end of February we had confirmation that 13 of our MAG boys had been successfully selected and had accepted their positions for the 2024 Gymnastics Victoria Development Squads. These squads are targeted at gymnasts who currently show or show the potential to be selected for State or National teams in the future and entails a series of training clinics throughout the year for the gymnasts to attend. We also have had 8 of our WAG gymnasts trial for a position on their relative Development Squads. We are still waiting on confirmation for these gymnasts however they all performed wonderfully on the testing day!

New in term 2 for WAG we are very pleased to welcome our very own Level 10 gymnast Bronte O'Dell into our WAG coaching team! Bronte will be working with WAG gymnasts who train on a Monday night on their artistry, which is all about showing off routines and presentation in a way that judges will want to see.

Those who know Bronte will know that she has a fantastic flair to her routines and performance so she will be a huge asset to the coaching team and she's already doing a fantastic job.





Looking forward into term 2, we will have lots going on. We will have the conclusion of the Senior Season which will run up until May, finishing off with National Championships in QLD. We will also see the commencement of the Junior competition season which will kickstart for our MAG (level 1-4) and WAG (level 1-7) gymnasts on June 23rd for the BTYC Practice competition. This will be an inhouse competition for BTYC gymnasts only, allowing them a chance to perform their routines in a competition environment and receive feedback from judges too. Timings and schedules will be sent out closer to the date.

Thank you all for a great start to the year, I'm looking forward to see where 2024 will take us! As always please feel free to reach out to me with any questions or queries - my office days are Monday/Wednesday/Friday and I will get back to emails as soon as possible on these days.

Ross Donaldson MAG & WAG Program Manager

GYMSTAR



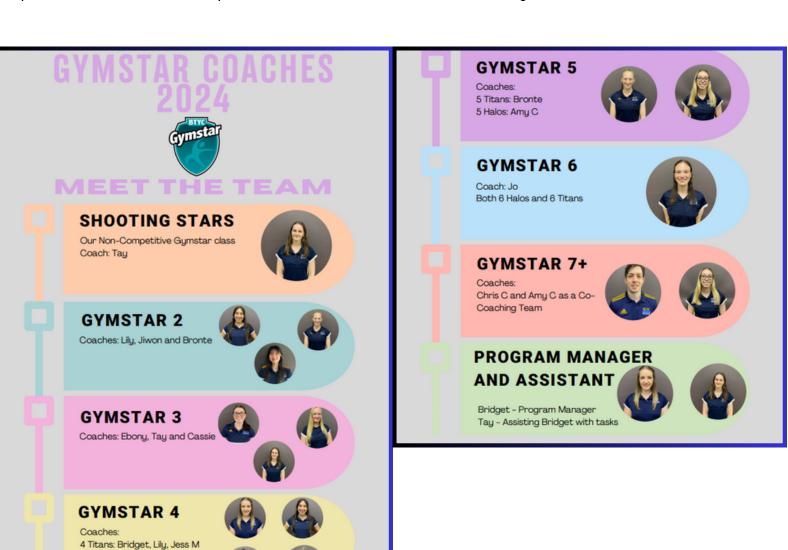
Term 1 for 2023 is officially complete and it feels like it absolutely flew by with being only a 9 week term!

It has been wonderful seeing so many new faces across multiple levels and so many returning faces to the Gymstar program.

Our program has continued to grow and grow in both athletes and our coaching team and we are so excited to see the future development from both.

If you haven't seen it already, have a look at our wonderful coaching team for 2024.

4 Halos: Jazz



This term we have already had so many things happen:

- Each athlete in the program was given their House Team for the year (Pineapples, Limes, Blueberries, Watermelons) which is how we do our reward system for nailing the BTYC and Gymstar Values.
- We had our annual Parent Information Meeting where we had many families come along to the
 front room for the session where we went through all the important info for the Gymstar Program
 including some new changes for 2024. All meeting notes were emailed out after, but please
 feel free to ask if you have any additional questions.
- End of term reports were completed online this year by our coaching team and they are in the process of being LIVE on our Customer Portal

• The girls also got to have our first social event of the year – Gymstar Team Bonding Day! Here

are a couple happy snaps from the day







Next term, here are a few things to look forward to:

- We will be completing our first round of skills testing for the year
- Our competition calendar will be finalised and we will soon know the dates of the upcoming competition season for all levels
- Competition routine practice will be well underway and all coaches will be helping their gymnasts with memory tasks in class and out of class with ways to improve their routine knowledge.

As always, feel free to email <u>bridget@btycgymastics.org.au</u> if you have any questions regarding the Gymstar program!

Bridget O'Donnell Gymstar Program Manager

JUNIOR COACH PROGRAM



For those that don't know what JCP is, it is BTYC'S Junior Coach Program and is for up and coming coaches where we give them opportunities to gain the education they need to become fully qualified, knowledgeable coaches.

Successful candidates go through a 12 month learning process, designed to ease them into the world of coaching alongside encouraging and experienced mentor coaches. This year we have some of our current cohort being fast-tracked to becoming completely qualified by the end of this month!

During the year, the JCP coaches will meet once a month on a Wednesday night to receive guidance on completing necessary online work, skills required for coaching and the BTYC values and coaching philosophy.

This term, we had 2 different meetings which focussed on Communication and the different

Movement Patterns used in gymnastics.

This years coaching cohort includes:

Madi, Jess, Zoe, Bella, Edith, Farah, Will, Kate-Lynne, Kyara and Giorgio.

We are loving having them on our Recreational classes across MAG, WAG, Tramp and Tumble and Aerobics!



SQUAD JCP

This year, we have introduced a new pathway as part of our Junior Coach Program.

Current Intermediate level coaches were able to apply for the Squad JCP Program. Throughout the program we have been assisting coaches with their knowledge and fundamental skills. They have been assisting a competitive squad once a week with guidance from some of our wonderful MAG, WAG and Gymstar coaches. This will help them along their pathway of coaching these squads themselves.

Squad JCP coaches have monthly meetings focussing on key areas that make competitive squad coaches even better and includes: lesson planning, year plans, warm-ups, conditioning and practical skills that they can use when they are assisting their mentor classes. As well as meetings, there are also term catch-ups to go through scaffolding the coursework necessary for the coaches' Advanced Coaching qualifications and to support them as best as possible.

Already, we have seen our Squad JCP coaches really step up and show they are keen to learn, adapt on the fly and take on board all challenges thrown their way. We cant wait to see them thrive in this program throughout the rest of the year!

Please congratulate BTYC's first Squad JCP coaches: Jordan, Jiwon, Audrey, Lachie and Hannah.

Bridget O'Donnell Junior Coach Program Manager

RECREATION

Hi Families!

It has been a great start to Term 1 2024 in the recreational program. Everyone is loving the new T-shirt designs which have definitely added a retro feel to the club.

This year we will be doing our 3-star ratings of the children's skills at the end of each term to keep track of progress which can be accessed on the portal.

The last week of term will be Games Week for all our REC classes, this will allow athletes from different classes to work together and enjoy fun activities, celebrating the end of a successful term!

We also have our REC Challenge Day approaching in Term 2 on Sunday 2nd of June for all recreational gymnasts, so keep the afternoon free and look out for more information to follow next term.







General Reminder: If a gymnast has missed any classes this term they are eligible for a make up class. Use the customer portal to book or call the office on (03)9841 4773.

Ebony Mactier

Recreational Assistant Program Manager

TERM 1 2024

HOLIDAY PROGRAM

3.5 hours of fun for primary school aged kids. Bring drink bottle, and nut free snacks.

BOOK THROUGH OUR CUSTOMER PORTAL

9841 4773

admin@btycgymnastics.org.au

ALL SESSIONS RUNNING FROM 9AM-12.30PM

- TUESDAY 2ND APRIL
- WEDNESDAY 3RD APRIL
- THURSDAY 4TH APRIL
- .
- TUESDAY 9TH APRIL
- WEDNESDAY 10TH APRIL
- THURSDAY 11TH APRIL



Cancellation Policy:

If cancelling

- 24 hours or more, prior to the session a refund or transfer can be requested.
- Cancelling within 24 hours notice, a 50% refund can be requested or 100% with a medical certificate covering the date missed.

KINDERGYM



Our youngest gymnasts have had a great start to the year!! We have had lots of new faces join us as well as lots of gymnasts returning from 2023.

The gymnasts have been working hard to master 5 fundamental shapes of gymnastics; Motorbike, rocket, star, L sit and tuck sit.

While learning these shapes our gymnasts have immersed themselves in the Term 1 themes of: Beach, space, colours and shapes, fantasy and Easter. Checkout some awesome

dress-ups for Easter!





Our coaches can't wait to see you all back next term where we will learn a new set of fundamentals – support shapes and include lots of fun themes.

Finally just some quick reminders to help keep everyone safe and make sure our classes run as smoothly as possible:

- Gymnasts must wear the correct gymnastics attire which includes the Kindergym T-shirt, leggings/tracksuit pants/shorts or leotards. No skirts or dresses are to be worn and please ensure hair is tied up off the face.
- All parents MUST supervise their gymnast in the free play period at the start of class. This includes children in the KG4 Kangaroo classes.
- All gymnasts and families must wait upstairs at the start of their class until they are called down by their coach. This is also during class.
- KG4 Kangaroo families need to go upstairs after the parent assisted free play. No phones/food/coffee are to be taken on the floor.

Johanna Godfrey Kindergym Program Manager

SCHOOLS

School Program

We are looking forward to a fantastic Term 2. We love that gymnastics can be shared with so many athletes from so many areas of life. One of our ways of being a part of the community is running gymnastics programs for schools.

We welcome back to our schools roster for 2024:

Donvale Primary School

Each year we have the joy of seeing the entire Donvale PS cohort come through our doors. In Term 2 we will be seeing their Grade 3, 4,5 and 6. We are looking forward to seeing how much the students have grown since last year.

Yarra Valley Grammar

Each year we run YVG's year 7 gymnastics program and their Year 8 aerobics program. The students and teachers are always amazing to work with.

We also have a number of planned schools in the works for Term 2. Keep an eye out as you never know if we get to see your school in our Schools Gymnastics program!

If you think that your school would be interested in doing a gymnastics program with us please have your school sports coordinator/events coordinator contact Brett.



Brett Tomsett Schools Program Manager



AEROBICS



Aerobics athletes have had an amazing start to the year! This term we introduced Recreational Aero classes which allowed anyone from 5 years old to try out the sport of Aerobics in a fun and engaging class. This type of class focuses on the dance and skill basics of aerobics and a combination of Level 1 and 2 routines.

Our competitive aerobics program is fully underway with athletes competing in ALP Levels 2, 3, 4, and 7 this year! These girls have been working hard to learn new routines with new skills in preparation for competitions in Term 2. These girls also had a special guest choreographer Serene who taught them artistic dance and performance techniques to implement into their routines.

We are also very excited to announce we have 2 International level athletes competing this year, Emilja and Farah! Emilja will be competing in the 12–14 Age Group and we wish her all the best with her first competition on the 7th April! Farah is BTYC's first ever Individual Aerodance competitor and we cannot wait to see her compete later in the season.



Amy Channon
Aerobics Program Manager

TRAMPOLINE AND TUMBLING



TRP and TUM Squad news:

As we bid farewell to another term filled with dedication, passion, and remarkable achievements, it's time to reflect on the outstanding performances of our squad athletes. The past few months have been nothing short of exhilarating, with our athletes showcasing their skills and determination across various competitions.

State Team Trial Triumphs:

Our journey this term commenced with the prestigious State Team Trial for DMT & TUM, where our athletes displayed exceptional prowess and dedication. From levels 4 to SNR, our squad members competed with unwavering commitment, leaving an indelible mark on the competition. With many medals adorning our ranks and impressive scores lighting up the scoreboard, our athletes shone on the floor.

BTYC Invite & Qualifier Extravaganza:

Following the resounding success of the State Team Trial, we hosted our very own BTYC Invite & Qualifier competition! Athletes from across the state descended upon BTYC, eager to display their skills and fight for a spot on the state team. The competition was nothing short of spectacular, with electrifying performances and fierce determination on display throughout.

Omega Trampoline Club Trial 2:

In addition to our home competitions, our trampoline and double mini athletes ventured to Omega Trampoline Club, where they engaged in exhilarating contests and further solidified their standing as formidable competitors. The spirit of sportsmanship and camaraderie was palpable as our athletes represented BTYC with pride and determination.





TRAMPOLINE AND TUMBLING



Road to Australian National Champs:

Since January, our trampoline and tumbling athletes have been on an arduous yet rewarding journey, pushing themselves to the limits in preparation for the upcoming Australian National Championships. Their unwavering commitment to excellence, coupled with relentless dedication to honing their craft, serves as a testament to their resilience and determination. As they gear up for the pinnacle of national competition, we stand behind our athletes, unwavering in our support and belief in their abilities. A huge congratulations to all our tumble and trampoline athletes who have hit the qualifying score for Nationals!

As we celebrate the remarkable achievements of our squad athletes this term, let us also extend our gratitude to the coaches, staff and families who have played an instrumental role in nurturing and supporting our athletes every step of the way. Together, we embody the spirit of unity, resilience, and excellence that defines the BTYC Trampoline and Tumbling community.

Here is to another term filled with triumphs, growth, and boundless possibilities. Go BTYC!

Rec news:

As we wrap up another exhilarating term filled with laughter, learning, and boundless energy, it brings us immense joy to reflect on the exciting activities and memorable moments shared by our talented young athletes. We have had an incredibly fun and successful term in our Tramp and Tumble Rec Program! We saw lots of new faces join us, lots of old faces return, and lots of gymnasts learn their first flips and saults!

This term we had Gymnasts partake in The Swivel-Hips Challenge, where gymnasts would perform as many Swivel-Hips (seat drop 180 to seat drop) in a row as physically possible. Everyone who gave it a go did well, and we've had four Gymnasts in our top positions win a prize for their efforts! In 1st place with 27 swivel-hips is Liam from Tuesday Trampoline class! Well, done! In 2nd place with 24 swivel-hips is Emmett, from Saturday Tramp and Tumble Class! Excellent work! In equal 3rd place we have Lexi and Colby with 21 swivel-hips! Wonderful job!

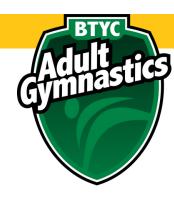
As the term progressed, our athletes eagerly embraced progressive challenges designed to push their boundaries and foster growth. From conquering new trampoline skills to mastering advanced tumbling combinations, each milestone achieved was celebrated with pride and admiration.

As we look ahead to the next term with anticipation and excitement, we remain committed to providing a nurturing and enriching environment where our Rec Class participants can continue to thrive and flourish.

We're looking forward to an excellent Term 2 with everyone, with a brand-new challenge and more flipping and saluting to do!

Jordan Mitilineos-Janicke Trampoline & Tumbling Program Manager

ADULT GYMNASTICS



As we wrap up an exhilarating Term 1, we're thrilled to reflect on the incredible journey we've shared in our Adult Gym program. From welcoming new faces to reconnecting with familiar friends, each session has been filled with energy, enthusiasm, and a whole lot of fun!

Expanded Schedule:

We hope you've been enjoying the benefits of our expanded schedule, now offering sessions four nights a week. This enhancement was designed with your convenience in mind, providing greater flexibility to fit your workouts into your busy schedule.

New Payment Options:

Don't forget about our convenient payment options! Punch Passes can be purchased directly from the Shop section of iClass, allowing you to attend classes at your own pace. And for those seeking unlimited access, our Adult Gym Unlimited membership can be easily enrolled through Find A Class in the Booking section. Plus, if you're new to Adult Gym, don't hesitate to take advantage of our Free Trial offer.

Coach Profiles:

Stay tuned for our Coach Profiles, where you'll have the chance to get to know our dedicated team of coaches. Each profile will highlight their unique expertise and passion for helping you reach your fitness goals.

Adult Gym Playlist:

Don't forget to check out our Adult Gym Playlist on Spotify! We'd love for you to suggest some tunes as we're always open to adding more. Share your favourite workout jams with us and let's keep the energy high in the gym!

As we look ahead to Term 2, we're excited to continue this journey together, pushing boundaries, breaking a sweat, and achieving new milestones. Thank you for being a part of our Adult Gym family – here's to many more amazing workouts ahead!

Chris Ciemcioch Adult Program Manager

2024 Term Dates

Term 1	Monday 29 January	Thursday 28th March
	Fri 26th Jan Australia Day, Mon 11th March Labour Day, Fri 29th March Good Friday, Sat 30th, Sun 31st March, Mon 1st April Easter	
Term 2	Monday 15th April	Sunday 30th June
	Thurs 25th April ANZAC Day, King's Birthday Mon 10th June	
Term 3	Monday 15th July	Sunday 22nd September
	Friday before AFL grand final TBC	
Term 4	Monday 7th October	Saturday 14th December
	Mon 4th and Tues 5th Nov Melbourne Cup Day, DISPLAY DAY Sunday 15th Dec, Wed 25th Dec Xmas day, Thur 26th Dec Boxing day	

**PUBLIC HOLIDAYS IN RED - NO CLASSES & NO CHARGES ON THESE DAYS



BTYC GYMNASTICS

BUY, SELL AND SWAP FACEBOOK PAGE

A PLACE WHERE BTYC MEMBERS CAN BUY, SELL AND SWAP THEIR UNWANTED GYMNASTICS CLOTHING AND EQUIPMENT.

JOIN THE PAGE TODAY



Current WAG competition leotards are not to be sold on this page. They can be brought to the office and sold on your behalf to ensure correct fitting.









BTYC GYMNASTICS



PARENT CODE OF CONDUCT

ALL parents/guardians who have gymnasts training at BTYC Gymnastics are required to abide by the following Code of Conduct:

- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance, rather than medals and scores.
- Encourage children to always play according to the rules.
- Remember that children learn best by example appreciate good performances of other athletes.
- Respect Officials' decision and teach children to do likewise.
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.
- Do not make comments about, or verbally abuse other children or BTYC staff. It is the sole
 responsibility of the Coach to direct children during training, with the exception of
 Kindergym parent assisted classes.
- Ensure as a parent / guardian you make your child aware of the Gymnast Code of Conduct and abide by this Code.
- Athletes and parents / guardians must wait upstairs before and after classes. No child is to wait for parents in foyer or outside the gym.
- Ensure that siblings of participating members (especially during Kindergym classes) do not play in the gym area even if they are supervised by an adult. They are not covered by insurance if they are not registered members being supervised by a Coach.
- For queries and concerns contact your child's relevant program manager via their BTYC email. Contact through staff's private social media, or personal mobile numbers, is strictly forbidden.
- Abide by the Gym Rules and policies at all times.
- Abide by the Manningham DISC rules and regulations, including appropriate use of the car park (i.e. no double parking near entrance, no parking in turning circle)



TRAINING VIEWING POLICY

BTYC Gymnastics allows parents, guardians, and other spectators to view squad training sessions. Individual rights will be reviewed if BTYC Gymnastics encounters **ANY** of the following:

- Athletes being distracted by parents/guardians (coaching from the sidelines or over-monitoring behavior) which may lead to serious safety issues. (lapses in athlete concentration can lead to athletes endangering themselves, or others, whilst doing skills)
- Parents/guardians bickering, spreading rumors, or gossiping.
- Parent/guardians behavior that hinders coaches from effectively fulfilling their responsibilities as BTYC staff members.
- Parents interfering with the running of a session, class, or competition.

Any face-to-face discussions with coaches should be pre-arranged. Urgent concerns must not be raised during training sessions and requested after class finishes. Coaches will not always be available if they are coaching back-to-back classes. In these instances, you will be referred to the office.

DISCIPLINE

In the event of a parent or guardian breaching the Parent Code of Conduct, the following consequences will occur depending on the severity, and if the conduct is repeated. The consequences will include but are not limited to the following:

- Issuing a verbal or written warning regarding the breach
- Removal from the viewing area for a period of time, (ranging from 1-4 weeks) at the discretion of the General Manager.
- Suspension of the parent from the club
- In extreme circumstances, your athlete may also be asked to leave the club

HOW TO BOOK A CLASS

To book into a class, visit the customer portal at www.btycgymnastics.org.au and follow the steps below:

- Sign into your account or for new members create an account
- Click 'Booking' (left upper corner)
- Click 'Find a class'
- Select the program and class recommended by your Program Manager
- Select student
- Follow steps to make payment
- If a credit is on your account. This can be viewed and applied on the payment page

For further information:

Phone: 9841 4773

Email: admin@btycgymnastics.org.au Website: www.btycgymnastics.org.au Follow us on Facebook and Instagram

CONTACT DETAILS

DO YOU HAVE A QUESTION FOR OUR PROGRAM MANAGERS

Aerobics Program Manager - <u>Amy@btycgymnastics.org.au</u>

Adult Program Manager - Chris@btycgymnastics.org.au

All Abilities Program Manager - Ebony@btycgymnastics.org.au

Boys and Girls Recreation Program Manager - Amy@btycgymnastics.org.au

Gymstar Program Manager - Bridget@btycgymnastics.org.au

Junior Coach Program Manager - Bridget@btycgymnastics.org.au

Kindergym Program Manager - <u>Joebtycgymnastics.org.au</u>

MAG Program Manager - Rossebtycgymnastics.org.au

Trampoline and Tumbling Program Manager - <u>Jordanebtycgymnastics.org.au</u>

WAG Program Manager - Ross@btycgymnastics.org.au