



**Gymnastics
Victoria
Events**

Gymstar Gymnastics

www.gymnasticsvictoria.org.au

Level 6-10 Titans

October 1st , 2023

Casey Gymnastics (Cranbourne)

Building 4, 65 Berwick-Cranbourne Rd, Cranbourne 3977

GYMSTAR WORK ORDER VERSION 1

Welcome to this Gymstar Gymnastics Event

Thank you Casey Gymnastics

for hosting this Gymstar Gymnastics Event

Thank you to all the judges for being part of this Gymstar competition, please see the checklist below:

Please read the information in this work order carefully and direct any questions to Serene at the Gymnastics Victoria office on 9005 4700 or stan@gymvic.org.au

If there is anything you coaches and judges need assistance with on the day of the event please see the GV floor manager

Please note further versions of the work order will follow as key changes that effect the timings are received by the GV office. These can include addition and withdrawals of gymnasts, changes to rotations, changes to judges rosters. Gymnastics Victoria and the Host club will endeavour to keep start and end time changes to a minimum, however we can not guarantee this.

Doors will open to competitors 5 minutes prior to the start of general warm up of each sessions and spectators will be admitted once general warm has commenced.

ADDITIONAL EVENT INFORMATION:

Please purchase spectator tickets PRIOR to the event at the below link:

<https://www.trybooking.com/CLMXS>

Please note that New Holland Drive will be closed due to roadworks during our event. Access to Casey Stadium will be via Linsell Boulevard or Broad Oak Drive

SPECTATOR ADMISSION:

Adults:

\$10

Concession:

\$5



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SESSION 1:		Titans Level 6			Manager ONLY	
GENERAL WARM UP: 8.30am					15	
WELCOME AND INTRODUCTION					5	
ROTATION	CLUB	LEVEL	NO OF GYMNASTS	1ST APPARATUS	TIMING (min)	ACTUAL # GYM
1	Casey Gymnastics - Cranbourne	Titans Level 6	11	Floor		
			11		33	
2	Chamford Gymnastics	Titans Level 6	2	Parallel Bars		
	Cheltenham Youth Club	Titans Level 6	2			
	Loreto Gymnastics Club	Titans Level 6	3			
			7		21	
3	Funtastic Gymnastics	Titans Level 6	7	Still Rings		
			7		21	
4	Edge Gymnastics	Titans Level 6	6	Balance Beam		
	Casey Gymnastics - Endeavour Hills	Titans Level 6	2			
			8		24	
5	BTYC Gymnastics	Titans Level 6	4	Vault		
	Balwyn Gymnastics Club	Titans Level 6	3			
			7		21	
6	Nunawading Gymnastics and Sports Club	Titans Level 6	3	Uneven Bars		
	Werribee Gymnastics Club	Titans Level 6	3			
			6		18	
AWARDS		11:40am			20	
CONCLUSION		12:00pm			178	

Expected Number of Gymnasts			46
Actual Number of Gymnasts			

SESSION 2: Level 7 Titans					Floor Manager ONLY	
GENERAL WARM UP 12.30pm					15	
WELCOME AND INTRODUCTION					5	
ROTATION	CLUB	LEVEL	NO OF GYMNASTS	1ST APPARATUS	TIMING (min)	ACTUAL # GYM
1	Casey Gymnastics - Endeavour Hills	Titans Level 7	3	Floor		
	Edge Gymnastics	Titans Level 7	4			
			7		21	
2	Chamford Gymnastics	Titans Level 7	5	Parallel Bars		
			5		15	
3	Balwyn Gymnastics Club	Titans Level 7	9	Still Rings		
			9		27	
4	Aerodynamix Gymnastics	Titans Level 7	9	Balance Beam		
			9		27	
5	Cheltenham Youth Club	Titans Level 7	10	Vault		
			10		30	
6	Werribee Gymnastics Club	Titans Level 7	4	Floor		
	Nunawading Gymnastics and Sports Club	Titans Level 7	2			
			6		18	
AWARDS 3.10pm					20	
CONCLUSION 3.30pm					178	

Expected Number of Gymnasts	46
Actual Number of Gymnasts	

SESSION 3 Level 8-10 Titans					Floor Manager ONLY	
GENERAL WARM UP 4pm					15	
WELCOME AND INTRODUCTION					5	
ROTATION	CLUB	LEVEL	NO OF GYMNASTS	1ST APPARATUS	TIMING (min)	ACTUAL # GYM
1	Casey Gymnastics - Cranbourne	Titans Level 9	2	Floor		
	Bayside Gymnastics Club	Titans Level 8	1			
	Niddrie Gymnastics	Titans Level 9	3			
			6		18	
2	Balwyn Gymnastics Club	Titans Level 8	4	Parallel Bars		
	Balwyn Gymnastics Club	Titans Level 9	1			
			5		15	
3	Edge Gymnastics	Titans Level 8	2	Still Rings		
	Edge Gymnastics	Titans Level 9	2			
	Twisters Gymnastics	Titans Level 9	1			
			5		15	
4	Cheltenham Youth Club	Titans Level 8	1	Balance Beam		
	Cheltenham Youth Club	Titans Level 10	3			
			4		12	
5	Casey Gymnastics - Endeavour Hills	Titans Level 8	1	Vault		
	Casey Gymnastics - Endeavour Hills	Titans Level 10	3			
			4		12	
6	Aerodynamix Gymnastics	Titans Level 10	4	Uneven Bars		
	Werribee Gymnastics Club	Titans Level 8	2			
			6		18	
AWARDS 6:40pm					20	
CONCLUSION 7pm					130	

Expected Number of Gymnasts	30
Actual Number of Gymnasts	



JUDGES ROSTER

APPARATUS	SESSION 1	SESSION 2	SESSION 3
	Level 6 Titans	Level 7 Titans	Level 8-10 Titans
Uneven Bars	Bridget O'Donnell (BTYC)	Liz Kajko (Chamford)	TBC (Balwyn)
	Amelia Howey (CYC)	Nerida King (Aerodynamix)	Sophie Hemus (Casey)
Balance Beam	Liz Kajko (Chamford)	Katrina Aldington (Bayside)	Amelia Howey (CYC)
	Charlee Harvey (Edge)	Allysha Walls (Casey)	Addison Musgrove (Casey)
Floor	Katrina Aldington (Bayside)	Melanie Ollet (Werribee)	Liz Kajko (Chamford)
	Olivia Muller (Edge)	Sophie Hemus (Casey)	Nerida King (Aerodynamix)
Vault	JUDGE NEEDED	Amelia Howey (CYC)	Charlee Harvey (Edge)
	Kate Holmesby (Loreto)	Addison Musgrove (Casey)	JUDGE NEEDED
Still Rings	Rebecca Rimmer (Funtastic)	Charlee Harvey (Edge)	Olivia Muller (Edge)
	Addison Musgrove (Casey)	Leah Cashman (Casey)	JUDGE NEEDED
Parallel Bars	Melanie Ollet (Werribee)	Olivia Muller (Edge)	Carol James (Casey)
	Carol James (Casey)	Carol James (Casey)	Katrina Aldington (Bayside)

Thank you to all the judges for being part of this Gymstar competition, please note the following:

Please remember that you must have a current and valid Working With Children Check or GV approved equivalent to gain access to the competition floor

If there is anything you need assistance with prior to or on the day of the event, please discuss with floor manager

Please ensure you have read the Gymstar judges manual.

Judges honorarium \$70 per session. Please note: if judges are sitting with another judge to gain confidence they will not be paid.