



BTYC

GYMNASTICS

GYMSTAR COMPETITION INFO

1. CHILDREN MUST WEAR THE CLUB LEOTARD WITH SCRUNCHIE AND BLUE GYMSTAR T-SHIRT TO EVERY COMPETITION. THEY ALSO MAY WEAR NAVY OR BLACK BIKE SHORTS ON THE TOP OF THEIR LEOTARD.
2. HAIR MUST BE TIED BACK TIGHTLY AND NEATLY USING CLIPS AND HAIR GEL/HAIR SPRAY.
3. PLEASE BRING GOLD COINS FOR ENTRY INTO THE COMPETITION.
4. MOST OF THE TIME THERE WILL BE MORE THAN ONE TEAM COMPETING FOR BTYC SO COACHES WILL WRITE TEAM NAMES ON CHILDREN'S HANDS. TEAMS ARE MIXED BETWEEN ALL ATHLETES IN THAT LEVEL.
5. FOOD AND DRINK BOTTLES NEED TO BE BROUGHT IN A SMALL BAG THAT THE GIRLS CAN CARRY THEMSELVES.



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6. GYMNASTS ARE NOT ALLOWED TO LEAVE THE FLOOR TO SPEAK TO YOU DURING THE COMPETITION SO MUST HAVE ALL THEIR BELONGINGS WITH THEM. PARENTS ARE LIKewise NOT ALLOWED ONTO THE COMPETITION FLOOR.

7. PLEASE LABEL ALL OF YOUR CHILD'S CLOTHING, AS T-SHIRTS AND PANTS WILL BE CONSTANTLY TAKEN OFF AND ON.

8. YOU ARE WELCOME TO TAKE PHOTOS BUT YOUR CAMERA FLASH MUST BE OFF.

9. CHILDREN DO A GENERAL WARM UP THEN MOVE TO THEIR FIRST APPARATUS. HERE, THEY HAVE ONE WARM UP OF THEIR ROUTINE BEFORE THEY PRESENT IT TO A JUDGE. EVERYONE COMPETES ON THE APPARATUS THEN WE ALL MOVE TO THE NEXT ONE TO BEGIN THE PROCESS AGAIN.

10. ROUTINES ARE OUT OF 15.0, AND OVERALL RESULTS ARE OUT OF 75.0. THIS DETERMINES THE MEDAL COLOUR THAT THEY GET.