



WAG TRAINING SESSIONS DURING MARCH/APRIL SCHOOL HOLIDAYS (2020)

SQUAD	LEVELS	SCHOOL HOLIDAYS – Week 1					SCHOOL HOLIDAYS – Week 2				
		Mon 30/3	Tues 31/3	Wed 1/4	Thur 2/4	Fri 3/4	Mon 6/4	Tue 7/4	Wed 8/4	Thur 9/4	Fri 10/4
High Performance	Alysha	2:00pm-6:00pm	7:30-10:30am & 11:30-3:30	3:15-7:15pm	3:15-7:15pm	12:30-3:30pm					GOODFRID
Senior 1	TBC	3:30-7:30pm	12:00-4:00pm			3:30-7:30pm	3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior 2	Cassie & Chris G	3:30-7:30pm	12:00-4:00pm			3:30-7:30pm	3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior Mix	Chris G			3:30-7:30pm					3:30-7:30pm		
Senior Make Up				11:00-3:00pm					11:00-3:00pm		
Development Session	TBC		7:30-10:30am		7:30-10:30am			7:30-10:30am (Senior only)		7:30-10:30am (Senior only)	
Intermediate 1	Sage		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm					
Intermediate 2	Bridget		4:00-7:30pm		4:00-7:30pm	1:00-4:30pm					
Intermediate 3	Angela		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm					
Intermediate Mix	TBC/ Bridget	4:30-8:00pm		4:30-8:00pm							
Intermediate Makeup				11:00-2:30					11:00- 2:30		
Junior 1	Rachael	1:00-4:00pm		4:00-7:00pm		4:00-7:00pm					

Junior 2	Hannah	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm					AY
Junior 3	Jess V	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm					
Junior Makeup					1:00-4:00pm					1:00-4:00pm	
Beginner	Melanie		3:45-6:45pm		3:45-6:45pm						
Foundation 2	Zoe & Cassie		3:45-6:45pm		3:45-6:45pm						
Foundation Makeup				1:00-4:00pm					1:00-4:00pm		



WAG TRAINING SESSIONS DURING JUNE/JULY SCHOOL HOLIDAYS (2020)

SQUAD	LEVELS	SCHOOL HOLIDAYS – Week 1					SCHOOL HOLIDAYS – Week 2				
		Mon 29/6	Tues 30/6	Wed 1/7	Thur 2/7	Fri 3/7	Mon 6/7	Tue 7/7	Wed 8/7	Thur 9/7	Fri 10/7
High Performance	Alysha	2:00pm-6:00pm	7:30-10:30am & 11:30-3:30	3:15-7:15pm	3:15-7:15pm	12:30-3:30pm & 4:30-7:30pm	2:00pm-6:00pm	7:30-10:30am & 11:30-3:30	3:15-7:15pm	3:15-7:15pm	12:30 - 3:30 & 4:30-7:30pm
Senior 1							3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior 2	Cassie & Chris G						3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior Mix	Chris G								3:30-7:30pm		
Senior Make Up				11:00-3:00					11:00-3:00		
Development Session	TBC		7:30-10:30am (Junior & Intermediate only)		7:30-10:30am (Junior & Intermediate only)			7:30-10:30am		7:30-10:30am	
Intermediate 1	Sage		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm
Intermediate 2	Bridget		4:00-7:30pm		4:00-7:30pm	1:00-4:30pm		4:00-7:30pm		4:00-7:30pm	1:00-4:30pm
Intermediate 3	Angela		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm
Intermediate Mix	TBC/ Bridget	4:00-7:30pm		4:00-7:30pm			4:00-7:30pm		4:00-7:30pm		
Intermediate Makeup				11:00-2:30pm					11:00-2:30pm		

Junior 1	Rachael	1:00-4:00pm		4:00-7:00pm		4:00-7:00pm	1:00-4:00pm		4:00-7:00pm		4:00-7:00pm
Junior 2	Hannah	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm
Junior 3	Jess V	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm
Junior Makeup					1:00-4:00pm					1:00-4:00pm	
Beginner	Melanie							3:45-6:45pm		3:45-6:45pm	
Foundation 2	Zoe & Cassie							3:45-6:45pm		3:45-6:45pm	
Foundation Makeup				1:00-4:00pm					1:00-4:00pm		



WAG TRAINING SESSIONS DURING SEP/OCT SCHOOL HOLIDAYS (2020)

SQUAD	LEVELS	SCHOOL HOLIDAYS – Week 1					SCHOOL HOLIDAYS – Week 2				
		Mon 21/9	Tues 22/9	Wed 23/9	Thur 24/9	Fri 25/9	Mon 28/9	Tue 29/9	Wed 30/9	Thur 1/10	Fri 2/10
High Performance	Alysha	2:00pm-6:00pm	7:30-10:30am & 11:30-3:30	3:15-7:15pm	3:15-7:15pm	12:30 - 3:30 & 4:30-7:30pm	2:00pm-6:00pm	7:30-10:30am & 11:30-3:30	3:15-7:15pm	3:15-7:15pm	12:30 - 3:30 & 4:30-7:30pm
Senior 1							3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior 2	Cassie & Chris G						3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior Mix	Chris G								3:30-7:30pm		
Senior Make Up				11:00-3:00					11:00-3:00		
Development Session	TBC		7:30-10:30am (Junior & Intermediates Only)		7:30-10:30am (Junior & Intermediates Only)			7:30-10:30am		7:30-10:30am	
Intermediate 1	Sage		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm
Intermediate 2	Bridget		4:00-7:30pm		4:00-7:30pm	1:00- 4:30pm		4:00-7:30pm		4:00-7:30pm	1:00- 4:30pm
Intermediate 3	Angela		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm
Intermediate Mix	TBC/ Bridget	4:00-7:30pm		4:00-7:30pm			4:00-7:30pm		4:00-7:30pm		

Intermediate Makeup				11:00-2:30pm					11:00-2:30pm		
Junior 1	Rachael	1:00-4:00pm		4:00-7:00pm		4:00-7:00pm	1:00-4:00pm		4:00-7:00pm		4:00-7:00pm
Junior 2	Hannah	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm
Junior 3	Jess V	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm	4:00-7:00pm		4:00-7:00pm		1:00-4:00pm
Junior Makeup					1:00-4:00pm					1:00-4:00pm	
Beginner	Melanie		3:45-6:45pm		3:45-6:45pm		4:00-7:00pm		4:00-7:00pm		12:00-3:00pm
Foundation 2	Cassie & Zoe		3:45-6:45pm		3:45-6:45pm	12:00-3:00pm					
Foundation Makeup				1:00-4:00pm					1:00-4:00pm		



WAG TRAINING SESSIONS DURING DECEMBER SCHOOL HOLIDAYS (2020)

SQUAD	LEVELS	SCHOOL HOLIDAYS – Week 1				
		Mon 14/12	Tues 15/12	Wed 16/12	Thur 17/12	Fri 18/12
High Performance	Alysha	2:00pm-6:00pm	7:30-10:30am & 11:30-3:30	3:15-7:15pm	3:15-7:15pm	12:30 - 3:30 & 4:30-7:30pm
Senior 1	Angela & Jayden	3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior 2	Cassie & Chris G	3:30-7:30pm	12:00-4:00pm		12:00-4:00PM	
Senior Mix	Chris G			3:30-7:30pm		

Development Session	TBC		7:30-10:30am		7:30-10:30am	
Intermediate 1	Sage		4:00-7:30pm		12:00-3:30pm	4:00-7:30pm
Intermediate 2	Bridget		4:00-7:30pm		4:00-7:30pm	1:00-4:30pm
Intermediate 3	Angela	4:00-7:30pm	4:00-7:30pm	4:00-7:30pm	12:00-3:30pm	4:00-7:30pm
Intermediate Mix	TBC/ Bridget					