#### BTYC'S MENS GYMNASTICS PROGRAM



Striving for Gymnastics Excellence

History and experience



### Commitment to the individual gynnast



#### National and International Stream

The competitive pathway for MAG in Australia offers competition from Level 2 Under (6 years old), right through to Level 10 (17 years old +) and Senior International. At BTYC we aim to help and provide coaching for any gymnast training or aspiring, to perform within these levels. As a club, we work with our athletes to ensure they are learning skills suitable for their ability level, with an eye on what is expected at their age from Gymnastics Australia. We offer strength and flexibility training, along with skills coaching to ensure they have the opportunity to move up the levels program as their bodies develop and mature.



## Possibilities

Within this stream of MAG, there is a competitive season which culminates in Victorian State Finals and selection for Victorian representation and the Australian National Championships. It is our focus over the season to offer as many gymnasts as possible the chance to qualify for these particular competitions. Whilst gymnastics is a demanding sport that requires both dedication and hard work, we also make our training sessions fun and inclusive. The skills and physical ability that can be nurtured and achieved through our sport will last a lifetime and watching our athletes enjoy the journey through gymnastics is our main goal.

# Strength through fun and friendship



Would you like to be part of BTYC's MAG Program?

JANSSEN-FRITSEN

We'd be delighted to meet you.
Contact the Program Manager Chris
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